



New Caregiver Support Group

For families, partners, and other caregivers of adults with disorders such as Alzheimer's, stroke, brain injury, and other chronic debilitating health conditions.

**Next Meetings: Sat. March 10th & 24th
12pm to 1pm**

Cambria Connection

• • • • • 1069 Main Street • Suite B • 805-927-1654 • • • • •
cambriacconnection1@gmail.com

Facilitated by Eddie Palmer, LMFT
Participation is free of charge. Donations are welcome.



A safe place to discuss the stresses, challenges, and rewards of providing care for a loved one.



Validate your experiences and feelings.



Share successful strategies and find out about useful resources.

Made possible by generous funding from the Cambria Community Council