

HELP WANTED

Neighbors like you!



The Cambria Connection is partnering with Community Partners in Caring to bring their free services to Cambria seniors, and we need you to be part of our volunteer team. Join us to help make a real difference in the lives of our aging neighbors and those living with disabilities.

You can commit to help an hour a week or an hour a month. It's up to you. Volunteer opportunities include:

- **Friendly Visits**
- **Telephone Reassurance**
- **Grocery Shopping & Delivery**
- **Errands**

To learn more or sign up, contact Kristen - Community Partners In Caring at (805) 925-8000 ext. 1010 or (805) 748-5236, or Stevan - Cambria Connection at (805) 927-1654.

Let's make a real impact - become a volunteer today!



Your Community Resource Center Since 1992

theCambriaConnection.org



www.partnersincaring.org